




ROLE OF ANGANWADI WORKERS IN CAPACITY BUILDING IN THE NUTRITIONAL SCHEMES IN INDIA

Mrs Ram Pyari: Anganwadi Supervisor,
District: Nagaur(Rajasthan) India.

Anganwadi Supervisor: Her role

- ▶ **Centre Visit** to keep note of the activities in the designated area.
- ▶ Distribution of **Ration/books/supplements** to the beneficiaries
- ▶ Arrangement of breakfast for malnourished kids between 3-6 years of age

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- ▶ Leading Awareness drives to educate people
 - ▶ Organising programmes like '**Godbharai**','**Annaprashan**' ,'**Purak Poshan** 'in the centres.
 - ▶ Vaccination Drive for the children in the respective districts.
 - ▶ Distribution of **iron tablets** and syrups among the beneficiaries



Picture I: Annaprashan Programme at the centres



Picture II: Awareness Programme at the centres



Picture III: Distribution of Ration at the centres

The target population under ICDS AND POSHAN ABHIYAAN

- ▶ The Malnourished kids from the age of 3 years-5 years (malnourished and severely malnourished ones)
- ▶ The women specially the pregnant and lactating mothers
- ▶ The population/people who show interest towards the programmes

The Enablers (ON-Ground)

- ▶ The role of health department and the ICDS Department of the state.
- ▶ Team-work: the collective efforts of Doctors, ASHA, Anganwadi workers.
- ▶ Awareness Drives in the targeted districts.

Increased Participation in the scheme: WHY?

- ▶ Earlier: There was a 'mindset-barrier', women and children were not encouraged to move or be part of the programmes at their will.
- ▶ But with changing time and mindset, the awareness drives by the respective Asha workers and anganwadi workers they inspired and encouraged people to come be a part of the movement
- ▶ The 'home-to-home' visits everyday created a positive impact for the scheme.

Barriers to the scheme

- ▶ Regressive Mindset
- ▶ Gender Role
- ▶ Lack of Awareness
- ▶ Cultural Barrier
- ▶ Developmental Barriers
- ▶ Implementation Barriers

SCHEME OUTREACH



Source: Mrs Rampyari Anganwadi
Supervisor